



**Wood County Judge Lucy Hebron**  
**April 3, 2020 Press Release**  
**(11:00 a.m.)**

### **COVID-19 Update**

As of today, Wood County still has one positive case of Coronavirus (COVID-19) at this time. Although Wood County still has one case, it is still very important to continue with social distancing and good hand washing. Please take time to relax and breathe deeply for five minutes every day. We are going to keep you updated. Always refer to the CDC website, Texas DSHS (Department of State Health Services) and NET Health for information on COVID-19 guidelines. Be safe!

NET Health and Wood County officials urge the community if you suspect you may have COVID-19 symptoms to call first before going to your primary care physician's clinic and/or to any hospital. That way, limited resources can be most efficiently used for those in our population who are elderly, have compromised immune systems or serious medical conditions such as heart disease, diabetes and lung disease.

"Some patients who are ill with mild symptoms of COVID-19 can manage their symptoms at home", said Dr. Diana Bankhead, a local physician. "But, if a person is short of breath, has fever, and cough, the person should call their doctor. When in doubt, call your doctor".

Wood County officials stress the importance of this community-mindedness by staying vigilant with social practices and hygiene. Stay home, if possible, and practice social distancing to stop or slow the spread of contagious illnesses, such as COVID-19. Avoid shaking hands, cancel large events, avoid large crowds, and keep a 6-foot distance between you and others.

NET Health website:

<https://www.mynethealth.org>

Texas Health and Human Service website:

<https://hhs.texas.gov/services/health/coronavirus-covid-19> and CDC website:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>